

《愛得其法 閉門自開 —— 自閉症人士家長手冊》

“Handbook for Parents of Persons with Autism Spectrum Disorder”

新書發佈暨自閉症專題工作坊 Book Release cum Workshop



of Persons with Autism Spectrum Disorder” Book Release cum Workshop. The activity was a great success and more than 200 people participated.

Dr. Ting S.C made a speech of The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, abbreviated as DSM-5. Four workshops included “Live in the Community”, “Emotion and Behavior”, “Communication and Play” and “Study and Work”. Participants learned how to nurture their son or daughter who is autistic. Those who attended received a copy of the Handbook. To share the Handbook with the public, the Society will donate some copies of the Handbook to the Hong Kong Public Libraries in late July 2014.

Fu Hong Society upholds the spirit of “Meet the need, Take the lead” and hopes to develop a barrier-free environment for persons with disabilities. Since the number of persons with autism spectrum disorder increases, Fu Hong Society decided to publish the Handbook for parents. Fu Hong Society hopes the Handbook can cheer up parents and encourage them to voice their needs, so that persons with autism spectrum disorder can be well received and be able to obtain reasonable resources in our community.

扶康會在2014年5月31日舉辦了《愛得其法 閉門自開——自閉症人士家長手冊》新書發佈暨自閉症專題工作坊，與家長分享照顧及培育自閉症子女的方法。活動深受家長及各界朋友歡迎，出席人數逾200人。

活動內容豐富，包括精神科專科醫生易全醫生講解美國診斷及統計手冊第五版（簡稱DSM-V）有關自閉症分類方法的修訂內容，另外四個分組工作坊分別為「社區生活」、「情緒行為」、「溝通及遊戲」和「學習和工作」，令家長在照顧自閉症子女時更得心應手。所有活動參加者均可獲贈「自閉症人士家長手冊」乙本，另外在7月尾，本會以捐贈形式把手冊送呈香港公共圖書館，與公眾人士分享。

有見自閉症服務使用者的數目與日俱增，扶康會貫徹「以求為導」的精神，遂決定出版「自閉症人士家長手冊」。我們期望這本家長手冊可以為家長打氣及鼓勵發聲，讓自閉症人士的需要得到廣泛的認同，達至爭取合理資源的目的。



本會將視乎財政狀況，稍後決定是否加印家長手冊，詳情請留意網站公佈。

The Society will explore the feasibility of reprinting the handbook subject to financial consideration. We would keep the matter updated through the Society's website.