



第十三屆扶康會「香港最佳老友」運動電能烹飪比賽

第十三屆扶康會「香港最佳老友」運動電能烹飪比賽已完滿結束。本年度初賽於2017年4月1日及2日舉行，有逾百位傷健人士參與，他們分別來自不同的中學、特殊學校、商業機構及最佳老友分社。參加者透過與本會智障服務使用者組隊參賽，發揮傷健共融的精神。

決賽及頒獎典禮於2017年5月30日假荃新天地2期舉行。本會非常榮幸獲前勞工及福利局局長蕭偉強先生，G.B.S., J.P.、八位立法會議員及嘉賓蒞臨主禮，包括：田北辰議員，B.B.S., J.P.、陳恒鑾議員，J.P.、麥美娟議員，B.B.S., J.P.、郭家麒議員、張超雄議員、林卓廷議員、邵家臻議員、容海恩議員、曾鈺成先生，大紫荊勳賢，G.B.S., J.P.、中華電力有限公司企業發展總裁莊偉茵女士，J.P.，及本會會長葉恩明醫生，J.P.。

出席的立法會議員、曾鈺成先生及中華電力有限公司對外關係及傳訊副總監龍雪影女士更於決賽當天參與「名人匯演」環節，與本會服務使用者合作烹調以「素食」為主題的菜式。此外，本會服務使用者精彩的才藝表演亦吸引不少人士駐足觀賞，讓大眾了解智障人士的才能。

本會藉此感謝所有參加者與贊助機構積極參與及熱心支持，並於比賽期間充分表現出協作及關愛精神。本會亦衷心感謝周中師傅、香港廚師協會會長梁偉灝先生及楊國基先生擔任決賽評判。三位評判讚揚參賽者的廚藝水準愈來愈專業，不論是食材配搭、烹調方法或擺盤技巧均非常有水準。他們亦認為，智障人士在與議員和其他參賽者合作的過程中可以發揮才能，透過烹飪增加雙方的了解及溝通，藉此展現傷健共融的精神。



13th “Best Buddies Hong Kong” Movement Electric Cooking Competition

The 13th “Best Buddies Hong Kong” Movement (BBHK) Electric Cooking Competition was successfully completed. The heat of the competition was held on 1 and 2 April 2017, and more than 100 persons with and without disabilities participated in it. They were coming from different secondary schools, special schools, corporates and BBHK chapters. The spirit of social inclusion was realised through teaming up with our service users to participate in the competition.

The Final and Award Presentation Ceremony was held at Citywalk 2 on 30 May 2017. The Society was grateful to have Mr. Stephen SUI, G.B.S., J.P., Former Secretary for Labour and Welfare, eight Legislative Council Members and guests to be the officiating guests. They included The Hon Michael TIEN Puk-sun, B.B.S., J.P., The Hon CHAN Han-pan, J.P., The Hon Alice MAK Mei-kuen, B.B.S., J.P., Dr. the Hon KWOK Ka-ki, Dr. the Hon Fernando CHEUNG Chiu-hung, The Hon LAM Cheuk-ting, The Hon SHIU Ka-chun, The Hon YUNG Hoi-yan, Mr. Jasper TSANG Yok-sing, G.B.M., G.B.S., J.P., Ms. Quince CHONG, J.P., Chief Corporate Development Officer of CLP Power Hong Kong Limited and Dr. IP Yan-ming, J.P., President of the Society.

All attended Legislative Council Members, Mr. Jasper TSANG Yok-sing, G.B.M., G.B.S., J.P., and Ms. Shirley LUNG, Deputy Director, Corporate and Community Relations of Corporate Development Group, CLP Power Hong Kong Limited, participated in the session of ‘Star Cooking Performance’ and made delicious ‘vegetarian cuisines’ together with our service users. Besides, the excellent talent shows performed by our service users attracted lots of attention from the public and helped enhance public understanding of the abilities of persons with intellectual disabilities.

The Society was thankful to all participants and sponsored organisations for their active involvement and enthusiastic support. The spirits of synergy and caring were also manifested during the competition. The Society was honoured to have Mr. CHOW Chung, celebrity chef; Mr. Eddy LEUNG, President of The Hong Kong Chefs Association; and Mr. Billy YEUNG to be our judges. They praised that the cooking skills of participants became increasingly professional, including matching of ingredients, cooking methods and food plating techniques. They also shared the view that through the cooking and collaboration process, the abilities of persons with disabilities could be brought into play, and mutual understanding between persons with and without disabilities and their communication could be enhanced. At the same time, the spirit of social inclusion could be advocated.

