

### 扶康會「海闊天空」足球隊連奪三屆「香港足球復康杯」冠軍

本會社區精神康復服務「海闊天空」足球隊勇奪「香港足球復康杯2015」冠軍，連續三年勇奪殊榮。

由2015年10月開始，「海闊天空」足球隊共進行了9場初賽，最後打入決賽。球隊在決賽以4:0擊敗了新生精神康復會凌峰隊奪冠。在這半年裡，12位隊員不斷學習球技和操練團隊戰術，當中互相支持，每一位球員均以汗水換取了今天的成績。

在復原路上，隊員透過足球運動認識自己的能力，建立自信，保持心境開朗，重新建立目標，以便能夠積極面對起伏不平的復原前路。



### “Vast Sky”, Fu Hong Society’s Football Team, Won the “Rehabilitation Soccer Champion of Hong Kong” Three Years in a Row

“Vast Sky”, a football team formed under the Community Psychiatric Services of our Society, won the “Rehabilitation Soccer Champion of Hong Kong 2015”. It was the team's third consecutive year gaining this title.

Since October 2015, “Vast Sky” had competed through 9 preliminary competitions and had made its way to the final round, during which “Vast Sky” defeated the team from The New Life Psychiatric Rehabilitation Association 4:0. During these half year, the 12 team members had supported one another and each of them had put in continuous effort in learning new skills and practicing how to play as a team. Every single one of them had contributed to the success with their sweat and hard work.

Along the road to recovery, playing football would enable the team members to realize their potential, build confidence, maintain a healthy and happy mind and re-establish their goals. With a positive mind, they would be able to face the rough and winding road of recovery ahead.



### 思諾成人訓練中心勇奪「耆舞派對2016」最合拍團體獎

扶康會思諾成人訓練中心其中10位服務使用者及2名家長於今年4月16日參加由尊賢會主辦的「耆舞派對2016」。

在過程中，服務使用者隨著輕快的大會主題曲及不同的流行歌曲一起跳椅子舞，並揮舞手上色彩繽紛的啦啦球。其中一位需要使用四腳叉的服務使用者，在跳舞期間，更站起來搖動身體，可見他們深感興奮。而家長亦非常投入地與服務使用者一起跳椅子舞。最後，中心更憑著服務使用者和家長的投入，獲大會頒發「最合拍團體獎」。



### Si Lok Adult Training Centre Won the Perfect Teamwork Award of “Chair Dance Party 2016”

Ten service users and two parents of Fu Hong Society's Si Lok Adult Training Centre participated in the “Chair Dance Party 2016” organized by the Jade Club on 16 April this year.

During the performance of the chair dance, the service users waved the colorful pom-poms in their hands and danced to the upbeat theme song of the Party as well as other pop songs. A service user on quadripods even stood up and shook his body during the performance-the excitement of the service users was obviously felt. The parents also performed the chair dance with the service users in equal excitement. With the overwhelming participation of the service users and parents, the Centre was eventually awarded the “Perfect Teamwork Award”.

