

「說死談生」教育計劃

扶康會早前成功申請由香港電台及南華早報合辦的年度籌款活動《愛心聖誕大行動》，獲批98萬多元，開展「說死談生」教育計劃。計劃將於2016年4月開展，為本會的智障服務使用者推行生死教育，為期兩年。

衰老是人生必經的過程，但智障人士的衰老遠較一般人急速。當他們到達40歲時，已被視為進入高齡階段。本會800多位住宿服務使用者中，接近百分之七十已年過40。在過去大半年，亦已有多位服務使用者因高齡或疾病而逝世。

多年來，舍友們共處同一屋簷下，一同用膳，一起訓練，共同分享快樂和悲傷。他們雖來自不同的家庭，但手足情深，一旦有服務使用者遽然離世，會為他們帶來悲傷。此計劃透過一系列的工作坊、墳場遊覽、病友探訪及喪禮安排等活動，希望協助服務使用者及其家人明白死亡的意義、對死亡過程確立正面的認識、協助服務使用者走過人生最後的一段旅程；其他服務使用者則對生命有更積極的態度。



“Dialogue between Life and Death” Education Project

Fu Hong Society has successfully applied for a grant of \$980,000 from “Operation Santa Claus” established by the Radio Television Hong Kong and South China Morning Post to promote life and death education to our service users with intellectual disabilities. The project will last for two years and will be kicked off in April 2016.

Aging is a process that no one can escape from. However, the aging process of persons with intellectual disabilities happens much quicker than that of the normal people. When they reach the age of 40, they are considered as having entered the stage of old age. Our Society has more than 800 users of residential services and above 70% of them are over 40 years old. In the past half-year, a number of service users had passed away because of old age or sickness.

All these years, the residents have lived under the same roof, dined meals in the company of each other, trained together and shared their happiness and grief. They may not be related in blood, yet they are as close as brothers and sisters. The sudden death of one of the service users would bring the rest of them uneasiness and sorrow. Through a series of workshops, tours to cemeteries, visits to their sick friends and activities such as arranging funerals, etc., this project aims to help service users and their families understand the meaning of death and help them establish a positive mind towards the process of dying. By assisting service users who are facing death in walking through the last bit of their life journeys, other service users might as well develop a more positive attitude towards life.